

Week of May 22, 2023

Upcoming Dates	
May 22	Victoria Day (school closed)
May 24	York Region Public Health Dental Screening and Gr. 7/8 Immunizations
May 25	VDPS Track and Field Gr. 4-8 (weather permitting)
May 29-June 8	EQAO for Grades 3 and 6
June 1	Grade 8 Grad Trip
June 2	PA Day - School closed to students
June 7	Tour for Humanity - Grades 4-8
June 9	VDPS 2nd Annual Play Day
June 26	Save the Date: VDPS Summer Party 4:30-6:30 p.m.

[VDPS website and Calendar](#)

EQAO Schedule

Students in grades 3 and 6 will be participating in EQAO between May 29-June 8. Please see the schedule below. Each session is scheduled for 30-60 minutes, but students may take additional time as needed.

Monday May 29	Grade 6 Reading and Writing Grade 3 Reading and Writing
Wednesday May 31	Grade 6 Reading and Writing Grade 3 Reading and Writing
Thursday June 1	Grade 6 Mathematics
Monday June 5	Grade 3 Mathematics
Thursday June 8	Grade 6 Mathematics Grade 3 Mathematics

Track and Field – Gr. 4-8

Junior/Intermediate Families: Important information regarding our Track and Field Day (on Thursday May 25th or rain date May 30th) was sent home with your child this week. We are so excited for our students to have the opportunity to enjoy this experience!

It is extremely important that the Walking Excursion form, as well as the Sports Consent form is signed and returned to your child's teacher by Wednesday, May 24th.

If you have any questions, please do not hesitate to reach out to your child's teacher. Thank you for your support! Let's Go Diamonds!

Wellness Week

We have concluded our 2nd Annual VDPS Wellness Week. Students received healthy snacks every day including fruits, veggies, cheese, yogurt and more, and engaged in three days of workshops with X-Movement. During these workshops students focused on physical health as well as mental health and well-being. It was wonderful to hear a chorus of "I can do it!" throughout the gym as students attempted new challenges.



York Region District School Board Seeks Parent, Family and Community Engagement Advisory Committee (PEAC) Members

Parents/guardians interested in serving as a member of PEAC are asked to submit an application by **June 14, 2023**.

PEAC supports, encourages and enhances parent engagement at the Board level in order to improve student achievement and well-being. It represents the collective voice of parents who have children attending public schools in York Region. Members are expected to attend a minimum of five meetings each year.

The first meeting date for the new membership is November 9, 2023, which is a joint meeting with our Equity and Inclusivity Advisory Committee (EIAC).

Interested parents/guardians are invited to submit an application using the [online application form](#). For a copy of the application, please contact Leadership Development and Engagement via email at leadership.development.engagement@yrdsb.ca or by phone at 905-727-0022 ext. 3650.

Information Session: Interested applicants are invited to attend a virtual information session to learn more about this parent and community member engagement opportunity.

Date and Time: Wednesday, May 24, 2023 7:30 p.m. to 8:30 p.m.

Meeting Information: Online virtual [ITS Webinar Event meeting link](#)

Support: If you need assistance to join this virtual meeting, please see [How to access the virtual meeting link](#). A recording of this information session will be available on the PEAC webpage.

For more information, please visit the YRDSB PEAC website or contact Leadership.Development.Engagement@yrdsb.ca.

Bike to School Week

Dear Parent/Guardians

Bike to School Week Launch Celebration May 29th!

Bike to School Week is May 29 – June 2! Students and parents/guardians are encouraged to bike to school.

What and why celebrate Bike to School Week?

Bike to school week is an annual provincial wide campaign encouraging students to celebrate active forms of transportation. Communities that support active school travel help their kid's

- lead healthier lifestyles,
- reduce traffic and pollution and

- make school zones safer for all road users.**Also**, being able to walk or bike to school with your family and friends is just plain fun!

When cycling remember to

- Wear a properly fitting helmet. Every cyclist under 18 must wear a bike helmet.
- **Air Brakes Chain** – Check your bike tires, brakes and chain before you start riding.
- Ensure your bike has a working bell, white light or reflector at the front, and a red light or reflector at the back. For information and to learn more visit the [Government of Ontario's bicycle safety information](#).
- Cross at crosswalks, if there is one. Walk beside your bike when crossing the road.
- Watch for cars backing out of driveways and turning at intersections.
- Lock your bike in bike racks.
- Be visible and dress for the weather.

MAKE SURE IT FITS!

REMEMBER THE
2V1
SHAKE. SHAKE.
SHAKE RULE!

MAKE SURE YOUR CHILD ALWAYS WEARS A PROPERLY FITTED HELMET!

It's the law in Ontario for children and youth (under 18) to wear a helmet when bicycling.



PUBLIC HEALTH
1-877-464-9675
york.ca/injuryprevention

York Region

For anyone who can't walk or cycle to school every day, we encourage you to try choosing an active mode of travel two or three times a week, or consider parking and walking a block to decrease the pollution around your school. If you ride the bus you are encouraged to walk to your bus stop.

School Council and VDPS Summer Party

We held our final School Council meeting this past week. Thank you to all attendees and to everyone who has supported School Council initiatives throughout the year.

School Council is organizing one last big event for the year. Save the date for our first VDPS Summer party on Monday June 26 4:30–6:30p.m.

More details to follow.

Ph: (905) 585-0033 & (647) 749-4316 Email: viola.desmond.ps@yrdsb.ca
Twitter: @ViolaDesmondYR

Asian and South Asian Heritage Month and Jewish Heritage Month

Thank you to Ms. Greaves and our committee of students for organizing informative displays in our front hall.



Workshops/Events



PARENTING SESSIONS

Let's talk about it!

May 2023 Calendar of Events

We welcome all parents, guardians, caregivers and community members to attend these virtual sessions!

May 15, 2023 10:00 a.m. – noon	Mindful Parenting: Ride the Waves
For parents of children 0-12 years of age. This session will provide an understanding of the importance of mindful parenting and the role it plays in nurturing positive relationships within the family.	
May 16, 2023 6:30 p.m. – 8:30 p.m.	Mindful Parenting: Ride the Waves
For parents of children 0-12 years of age. This session will provide an understanding of the importance of mindful parenting and the role it plays in nurturing positive relationships within the family.	
May 24, 2023 10:00 a.m. – 11:30	Test and Exam Preparation
For parents of children and teens. This session will focus on routines and strategies for parents to help better prepare their child for effective learning outcomes.	

Facilitator: Uma Bhatt, R.S.W. York Hills Centre for Children, Youth and Families



These free virtual parent presentations are brought to you in a collaborative partnership with York Region District School Board and York Hills Centre for Children, Youth and Families.

REGISTER NOW

For information contact: Oksana Majaski, Community & Partnership Developer, YRDSB
Oksana.majaski@yrdsb.ca

[REGISTER HERE](#)

Parent/Caregiver virtual workshop supporting students of the Tamil Diaspora

June 1, 2023 6:00 - 7:30 pm

Parents and caregivers are invited to join this workshop to learn about supporting their children's academic, emotional and social well-being. The session will provide practical tips to create space for open conversations about mental health and well-being, ways to provide support and resources available through YRDSB and the York region community.

Register here on our [Google Form](#). Link to join will be provided via email following registration.



யோர்க் பிராந்திய மாவட்டப் பாடசாலைச் சபையானது எங்கள் பிள்ளைகளின் நல்வாழ்வுக்கு ஆதரவளிக்கின்றது

உங்கள் பிள்ளை, கல்வியிலும் உணர்வு மற்றும் சமூக ரீதியாகவும் சிறந்த ஆதரவைப் பெற்றுக்கொள்வதனை விரும்புகின்றீர்களா?

*இது தமிழிலும் ஆங்கிலத்திலும் வழங்கப்படும்

பேச்சாளர்கள்

Nijatha Subramaniam, MSW, RSW - Community Care Team
- Social Worker for the Tamil Diaspora

Thanara Rajakulendran, M.Sc, M.Psy (Clin.)
- Psychoeducational Consultant

இதைப் பற்றிக் கலந்துரையாட இணையத்தில் எங்களுடன் இணைந்து கொள்ளவும்

- உங்கள் பிள்ளைகளுடன் ஊடாடுவதற்கும் இணைந்துகொள்வதற்கும் உரிய உதவிக்குறிப்புகள்
- உங்கள் பிள்ளைகளின் நல்வாழ்வு மற்றும் உணர்ச்சிகளின் நிலை மாற்றங்களுக்கு ஆதரவளிப்பதற்கான வழிமுறைகள்
- கல்வி ரீதியாகவும் சமூக ரீதியாகவும் சிறப்பாகச் செயற்பட அவர்களுக்கு உதவுவது எப்படி என்பதைக் கற்றுக்கொள்ளல்
- YRDSB மற்றும் யோர்க் பிராந்தியச் சமூகத்தில் இதற்குரிய ஆதாரவளங்கள் கிடைக்கும்

ஜூன் 1, 2023 பிப 6:00-7:30 வரை

இங்கேயுள்ள எங்கள் [Google](#) படிவத்தில் பதிவு செய்யவும்

பதிவு செய்வதற்கான காலக்கெடு: மே 26, 2023

பதிவுசெய்த பிறகு, இதில் சேர்வதற்கான இணைப்பு மின்னஞ்சல் மூலம் வழங்கப்படும்.

கேள்விகள் அல்லது வசதிகள் தொடர்பான கோரிக்கைகளுக்குத் தயவுசெய்து மின்னஞ்சல் செய்யவும்: nijatha.subramaniam@yrdsb.ca

